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Access+ HMO

Life's unpredictable
Your healthcare costs don't have to be

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The Blue Shield Access+ HMO plan is designed to provide you and your family with comprehensive benefits and access to one of the largest provider networks in the state. The Access+ provider network includes more than 11,000 Personal Physicians, 300 hospitals and 21,000 specialists. With Access+ HMO, you can count on comprehensive coverage.

You'll pay only an affordable copayment each time you see a physician. Your eligible dependents can also enroll in Access+ HMO.

Access+ delivers choice, quality, and predictability:

- No deductible
- Zero copayments for hospitalization or preventive care
- \$15 for office visits
- Self-referral to specialists, using the Access+ SpecialistSM referral feature¹
- Health and wellness resources
- A CalPERS-dedicated Member Services team

If you are a Medicare-eligible member, learn about the [Access+ HMO Supplement to Original Medicare Plan](#).

¹With Access+ Specialist, you can self-refer to a participating specialist in the same medical group for a fixed office visit copayment of \$30. Our Access+ Satisfaction service will refund your office visit copayment if you are ever dissatisfied with your visit.

Note: The Access+ Specialist option allows HMO members direct access to a participating specialist in the same medical group or IPA as their Personal Physician. Not all medical groups or IPAs participate in this program.

2014 Service Area

Access+ HMO is available in the following counties. Click on a county to view a full listing of providers within the county.

[Alameda](#)

[Marin](#)

[San Luis Obispo](#)

Butte	Mariposa	San Mateo
Contra Costa	Merced	Santa Barbara
El Dorado*	Nevada*	Santa Clara
Fresno	Orange	Santa Cruz
Glenn	Placer*	Solano
Humboldt	Riverside	Sonoma
Imperial	Sacramento	Stanislaus
Kern	San Bernardino*	Tulare
Kings	San Diego*	Ventura
Los Angeles	San Francisco	Yolo
Madera	San Joaquin*	

* partial county – please check the applicable *Evidence of Coverage* for covered areas.

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How to Select a Doctor

As a member of the Blue Shield Access+ HMO plan, you'll choose your Personal Physician from one of the largest provider networks in the state. You and your dependents have the option to choose different Personal Physicians and medical groups.

To find out if your current doctor is in our network or to choose a new doctor, go to blueshieldca.com/findaprovider. Choose *Find a Doctor*, under *Choose a Plan*, select *CalPERS*, and then choose *CalPERS Access+ HMO*. Need help? Call your dedicated Blue Shield Member Services team at **(800) 334-5847** for personal assistance. You can change your Personal Physician at any time for any reason, and your new doctor will be effective on the first of the following month.

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Covered Services and Copayments

This [2014 brochure](#) (PDF, 462KB) offer brief descriptions of the Blue Shield Access+ HMO plan benefits for CalPERS members. Please see the Access+ HMO Evidence of Coverage for the exact terms and conditions of coverage, including plan limitations and exclusions.

- [View the 2014 Access+ HMO Basic Evidence of Coverage](#) (PDF, 1.1MB)

Preferred centers for knee and hip joint replacement

As part of Blue Shield's commitment to keeping health coverage affordable, we introduced a benefit change for knee and hip joint replacement in 2012. As a Blue Shield Access+ HMO plan member, you are required to receive care for most elective knee and hip joint replacement procedures at one of the Blue Distinction Centers® throughout the service area in order to receive 100% hospital coverage.

Blue Distinction Centers are hospitals within Blue Shield's network that are nationally recognized by the BlueCross BlueShield Association for distinguished clinical care and processes. Facilities earn this designation based on rigorous, evidence-based, and objective criteria and input from physicians and medical organizations.

The following Blue Distinction Centers participate in the Blue Shield of California knee and hip preferred centers network:

Alta Bates - Sutter
 Arroyo Grande Community
 Community Medical Center, Fresno
 Dameron Hospital

Doctors Medical Center, Modesto
El Camino Hospital, Los Gatos
El Camino Hospital, Mountain View
Enloe Medical Center
Feather River, Butte County
Hoag Memorial Hospital Presbyterian
Huntington Memorial Hospital
John F. Kennedy Memorial
John Muir Medical Center, Concord
John Muir Medical Center, Walnut Creek
Kaweah Delta
Loma Linda University
Lompoc Hospital
Long Beach Memorial Medical Center
Methodist Hospital of Sacramento
Mills Peninsula Medical Center
O'Connor Hospital, San Jose
Orange Coast Memorial
Parkview Community Hospital Medical Center
Pomona Valley
Providence Holy Cross Medical Center
Saddleback Memorial
St. Joseph Hospital, Eureka
St. Joseph Hospital of Orange
St. Jude Medical Center
Santa Rosa Memorial Hospital, Santa Rosa
Sharp Coronado
Sharp Memorial
Summit Medical Center - Sutter
Torrance Memorial Medical Center
UC Davis Medical Center
UCSF, Medical Center at UCSF
ValleyCare Medical Center

A travel benefit is also available for members who live more than 50 miles from a preferred center. These benefit changes include transportation, hotel accommodations, and other reasonable expenses for both the patient and a companion. For more details, please call Member Services at **(800) 334-5847**.

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Pharmacy Benefits

In addition to offering a large pharmacy network that includes chains such as Walgreens, CVS and Rite Aid, we feature a convenient mail-order prescription service. If you take medication for a chronic condition such as diabetes or high blood pressure, you can get up to a 90-day supply of your prescriptions by mail. You may save money on your copayment and there is no charge for shipping. Recently revised pharmacy copayments may make mail-order service more attractive to you.

To encourage the use of lower-cost and equally effective generic drugs, we implemented the following pharmacy benefit changes in 2012:

- You are required to pay the difference between a brand-name drug and a generic drug, plus the generic copayment, when the generic equivalent is available. (Exceptions for medical necessity are available via prior authorization; if approved, the applicable brand copay applies.)
- Retail copayments for formulary brand-name and non-formulary brand-name drugs increased by \$5.00.
- Copayments for 90-day mail-order prescriptions are double the cost of 30-day retail prescriptions. For

example, you will pay \$5 for a 30-day supply of generic drugs at a retail pharmacy, but only twice this amount, or \$10, for a 90-day supply through the mail-order pharmacy.

- Non-formulary brand-name drugs and drugs used to treat erectile dysfunction do not accumulate towards the \$1,000 mail service out-of-pocket maximum.

Prescriptions at Participating Pharmacies

Prescription Drugs	Maintenance Drugs after 3 Months of Fill
\$5 generic	\$10 generic
\$20 brand-name	\$40 brand-name
\$50 non-formulary	\$100 non-formulary
prescription not to exceed a 30-day supply for short-term or acute illness, and maintenance medication for the first 3 months.	prescription not to exceed a 30-day supply.

Prescriptions Through the Mail

Mail-service Prescription Drugs

\$10 generic
\$40 brand-name
\$100 non-formulary

prescription not to exceed 90-day supply for mail order drugs which are taken over long periods of time (maintenance drugs); \$1,000 out-of-pocket annual maximum.

To receive medications from PrimeMail, download and complete a New Prescription Order Form and send it with your original prescription(s), and if applicable, the mail service copayment for each drug to:

PrimeMail Pharmacy
P.O. Box 27836
Albuquerque, NM 87125-7836

PrimeMail will fill your prescriptions for covered maintenance drugs, according to your physician's directions, up to the amount covered by your pharmacy benefit. Maintenance drugs are used on an ongoing basis for treatment of long-term conditions, such as high blood pressure.

Please allow up to 10 days for delivery from the time you mail your prescription.

You may check the status of your order or order prescription refills by visiting www.myprimemail.com or by calling (866)346-7200. If you rely on TTY equipment, please call (866) 346-7197.

To find out more about your personal Pharmacy copayments and benefits:

- Check your *Evidence of Coverage* (EOC) booklet.
- Call Member Services at **(800) 334-5847**.
- Log in to blueshieldca.com, and select *My Health Plan* to view your plan summary, benefits and more.

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