



## PRESS RELEASE

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### **‘SENIORS ON THE MOVE’ WORKSHOP OFFERED TO EL MONTE RESIDENTS**

***El Monte, Calif.*** – Older adults will have an opportunity to learn about the transportation options available to them during a “Seniors on the Move” workshop at the El Monte Senior Center, located at 3120 North Tyler Avenue. The program will take place on Tuesday, June 22, from 8:30 a.m. to 11 am.

“This workshop is a great way for the seniors in our City to learn about the opportunities available to them,” said El Monte Councilwoman Emily Ishigaki. “I encourage all members of our community to attend this event and share with others the services that El Monte is offering to its residents.”

Co-sponsored by the Los Angeles County Metropolitan Transportation Authority (Metro), the Los Angeles County Commission on Aging and the City of El Monte, the workshop will provide seniors with useful information they need to know about the type of transportation available to them when they stop or limit their driving. It is designed to ensure older adults are able to remain active and go wherever they want to go even when they no longer can drive.

In addition to the workshop and discussion, “Seniors on the Move” will include a short field trip on a Metro Bus. Participants will receive hands-on experience in riding on a bus and learn how to use a Metro TAP card, which is used for paying transportation fare. A TAP card for the month of July will be issued to every participant 62 years of age, or older.

Representatives from Metro, Foothill Transit, El Monte Transit, Access Services, El Monte Dial-A-Ride, Metrolink and the City of El Monte will be in attendance to share the multitude of transportation options available.

Anyone is eligible to attend the workshop. However, only those individuals who meet the requirement as a senior age 62 may receive the free Metro TAP card. To make reservations for the workshop or for more information, please call the El Monte Transportation Department at (626) 580-2210.

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The City of El Monte, located in Southern California, is committed to improving the quality of life for its citizens and strives to provide its community personalized service, uncompromising commitment, and individualized accountability. For information on the City of El Monte, please call 626-580-2001 or visit [www.ci.el-monte.ca.us/](http://www.ci.el-monte.ca.us/).